

## Weight of School Bags Policy

**Aim of the Policy** - This Policy outlines guidelines regarding weight of school bags.

- It is suggested that school bags (backpacks) are ergonomic - light weight, compartmentalised with two wide padded adjustable shoulder straps and a firm padded back.
- Bag should be worn on both shoulders and sit snugly against the student`s back. So, straps need to be tight.
- All the various pockets and compartments are to be used to help distribute weight evenly. Lighter items are to be placed at the front part of the school bag while the heaviest items are to be placed closest to the back of the student.
- Trolley and string bags are not allowed.
- Both lunch boxes and water bottles should be light weight. These may be carried separately in a handheld lunch bag or within the school bag itself. Lunch boxes, lunch bags and water bottles are to be labelled.
- Students may choose to have two pencil cases: one pencil case containing the necessary items to be kept in the school bag and a separate pencil case with colours. The pencil case with colours may be kept at school.
- The 2 in 1 device should never be put in the school bag but carried separately.
- Library books to be kept at home until fully read. They can be brought back to school only for changing.
- School bags need to be decluttered regularly from toys, empty copybooks and other unnecessary items.